

To Member Organizations of the International Association of Individual Psychology (IAIP)

February 15, 2025

Dear Colleagues,

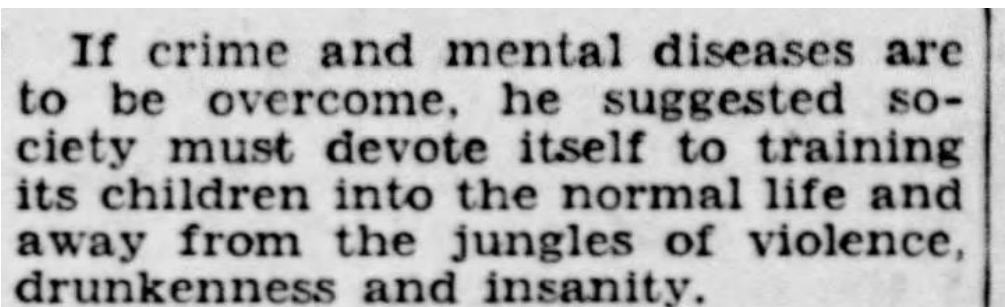
This is your mid-winter 2025 newsletter, and we hope it will find you in good enough spirits, looking forward to longer days.

February is always a special month for us, with Adler’s birthday on February 7th and then Rudolf Dreikurs’s birthday the next day, February 8th. Not many people know that Sadie T. Ellis Garland Dreikurs, a founder of Adlerian Art Therapy, was also born in February – on February 28th, 1900.

Below is a collage of how different IAIP entities celebrated Adler’s 155th birthday this year.



At the same time, with all the celebrations, we can't ignore several **troubling events and developments in the countries where our member organizations do their work.** The IAIP Board sends good wishes and hopes for Adlerian-spirited understanding, healing, and peace to our German colleagues who are undoubtedly touched by the two recent violent incidents – the Magdeburg Christmas market attack on Dec. 20, 2024, and just this week, Febr. 13, 2025, in Munich. We continue sending our warm wishes to our Adlerian colleagues at the Alfred Adler Institute in Tel Aviv, who work tirelessly with their diverse students, alumni, and clients affected by the continuous war and the trauma related to the hostage situation. Finally, we don't forget our Ukrainian colleagues who now, for almost three years of non-stop military assaults, damaged social structures, and economic suffering, continue to do unimaginable – bringing hope and healing to their clients. We hope that when feeling tired, hopeless, and losing faith in humanity, the following March 9, 1936, newspaper quote from Alfred Adler will remind us that there is always something to do today for a better tomorrow and “away from jungles of violence.”



If crime and mental diseases are to be overcome, he suggested society must devote itself to training its children into the normal life and away from the jungles of violence, drunkenness and insanity.

Organizational Reminders and News.

Recently, you received correspondence from the IAIP Board Secretary-General Giansecondo Mazzoli and the IAIP Treasurer Michaela Stacher-Linhart about the annual reports & the annual dues. We look forward to reading your report & learning more about your work in the past year.

Take a look at the revised language of By-Laws section of the website and especially the part of By-Laws concerning Sections at <https://adler-iaip.net/bylaws/>

In the News since the Last Newsletter.

The good news from the **Alfred Adler Institute of New York.** Seven IAIP member organizations applied for and received grants for teaching Adlerian theory and practice. Some of the approved applications involve significant collaborations with non-member organizations, and that makes the news even more exciting. Congratulations to IAAP (Adler Institute Paris), APABC (Adlerian Psychology Association British Columbia), Adler University, Lithuanian Society of Individual Psychology, Korea Adlerian Psychology Association, and ICASSI. We will make sure to feature the very meaningful and creative projects that are now supported by the grants. Thank you, AAINY! It is good to see so much cooperation and mutual support within IAIP.

Please don't forget to write to us with your events so we can share them widely in the newsletter and some on our website at **a great kaleidoscope of these and other annual events** at <https://adler-iaip.net/member-organizations-conferences-and-congresses/>

What You Can Do Now.

What is counseling? The **IAIP interest section COUNSELING** kindly invites all Adlerians to **respond to this survey on the definition and use of psychological counseling across different countries of the world**. Thank you very much for your support! Please follow the link below and take a survey.

<https://forms.gle/3q8KnCKdjCYmRWK19>

Adler University AdlerPedia website team is updating the site's "People" section. Would you like to send a brief (150-word) biographical statement about yourself? Is the site missing some significant biographies of people who are no longer with us? Write to adlerpedia@adler.edu

Upcoming Events – Mark Your Calendars

We are confirming the **IAIP Sections International Conference** on **January 24, 2026**. The group of section chairs is working with Ursula Oberst on the theme and the format of the conference. This will be the second such conference, and we remember how much we enjoyed the conference we had in 2022.

We also received updates about the **regional IAIP conference** that will be organized by the three Asian member organizations: JSAP (Japan), TSAP (Taiwan), and KAPA (Korea). The conference will be hosted by our Japanese colleagues in **Osaka, Japan, on March 20-22, 2026**.

We will be sending you more information about both conferences soon.

On this day, in 1969 and in 1973.

The Editors The IPNL (Individual Psychology News Letter) No. 214-215 (XVIII, 5-6), January – February 1969, shared the following about the biased arithmetic:

Biased arithmetic.

A. How many people do you think love their neighbour?

B. Oh, I should say about 90%

A. And how many of your neighbours love you?

B. Maybe 20% ...

And keeping up with the topic of neighbors, four years later, in the Vol. 22, No. 1 (January/February 1973), in the brief analysis of Jean Racine’s “peculiarities”, the IPNL Editors Paul Rom, Muriel R. Burrows, Harold Mosak, and Lewis Way, and E. Weissmann noted, “this poet’s habit was not to bore people with speaking about his works, but you converse with them about things they liked, and not to show them that he had much wit, but to make them realize that they had.” (How to Encourage One’s Neighbors,” pp. 4-5).

The challenge of dealing with one’s neighbors is still as acute for most of us, this planet’s dwellers.

This is all for now.

You can write to all four of us at info@adler-iaip.net or to any one of us individually if you want.

As a team, we will take time to discuss any of your feedback – in writing or in a video meeting.

Please share this letter with members of your organization.

Sincerely,

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NASAP Diplomate in Adlerian Psychology

Professor & Director, Center for Adlerian Practice and Scholarship, Adler University

IAIP Vice President Prof. Dr. Ursula Oberst (Spain)

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Psychology Professor at Ramon Llull University Barcelona

IAIP Secretary General Dr. Giansecondo Mazzoli (Italy)

Adlerian Psychoanalyst and Supervisor

President of the Italian Society of Individual Psychology

IAIP Treasurer Michaela Stacher-Linhart, MA (Austria)

Clinical Psychologist, Psychotherapist, Adlerian Psychoanalyst

Board member of the Austrian Society of Individual Psychology